

JANVRIER 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 L	01:16	---	07:36	61	13:47	---	20:03	58
2 M	01:57	---	08:18	54	14:28	---	20:48	51
3 M	02:41	---	09:04	47	15:14	---	21:44	44
4 J	03:31	---	10:01	41	16:08	---	22:51	39
5 V	04:29	---	11:09	38	17:09	---	23:59	38
6 S	05:33	---	12:20	39	18:13	---	--:--	---
7 D	01:00	41	06:35	---	13:25	45	19:12	---
8 L	01:54	49	07:33	---	14:22	54	20:04	---
9 M	02:42	59	08:26	---	15:12	65	20:52	---
10 M	03:27	70	09:16	---	15:57	76	21:39	---
11 J	04:11	80	10:04	---	16:41	85	22:25	---
12 V	04:55	89	10:52	---	17:25	92	23:11	---
13 S	05:41	95	11:39	---	18:10	96	23:57	---
14 D	06:28	97	12:26	---	18:57	96	--:--	---
15 L	00:44	---	07:18	94	13:13	---	19:46	91
16 M	01:32	---	08:10	87	14:01	---	20:39	82
17 M	02:23	---	09:05	76	14:52	---	21:40	70
18 J	03:18	---	10:08	64	15:49	---	22:52	59
19 V	04:21	---	11:21	54	16:52	---	--:--	---
20 S	00:08	50	05:32	---	12:39	48	18:07	---
21 D	01:20	47	06:48	---	13:51	48	19:20	---
22 L	02:21	51	07:58	---	14:51	54	20:21	---
23 M	03:10	58	08:55	---	15:38	62	21:11	---
24 M	03:51	66	09:43	---	16:17	70	21:54	---
25 J	04:27	73	10:25	---	16:51	76	22:33	---
26 V	05:00	78	11:02	---	17:21	79	23:09	---
27 S	05:30	80	11:37	---	17:50	81	23:43	---
28 D	06:00	80	12:10	---	18:18	80	--:--	---
29 L	00:16	---	06:29	78	12:42	---	18:48	76
30 M	00:49	---	07:00	74	13:14	---	19:19	71
31 M	01:22	---	07:33	67	13:46	---	19:54	64

FÉVRIER 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 J	01:57	---	08:09	59	14:22	---	20:35	55
2 V	02:38	---	08:51	50	15:03	---	21:28	46
3 S	03:26	---	09:48	42	15:56	---	22:44	38
4 D	04:28	---	11:13	35	17:08	---	--:--	---
5 L	00:10	34	05:45	---	12:47	36	18:30	---
6 M	01:25	39	07:02	---	14:05	45	19:40	---
7 M	02:25	52	08:08	---	15:02	59	20:37	---
8 J	03:15	67	09:03	---	15:48	76	21:27	---
9 V	03:59	83	09:53	---	16:30	91	22:13	---
10 S	04:42	97	10:40	---	17:11	103	22:58	---
11 D	05:25	107	11:24	---	17:52	109	23:42	---
12 L	06:09	110	12:08	---	18:33	110	--:--	---
13 M	00:26	---	06:54	107	12:52	---	19:16	103
14 M	01:11	---	07:40	97	13:37	---	20:00	90
15 J	01:58	---	08:29	83	14:23	---	20:49	74
16 V	02:49	---	09:26	65	15:15	---	21:55	56
17 S	03:48	---	10:45	48	16:17	---	23:33	42
18 D	05:04	---	12:22	37	17:40	---	--:--	---
19 L	01:06	35	06:35	---	13:48	37	19:07	---
20 M	02:16	41	07:52	---	14:49	46	20:13	---
21 M	03:06	52	08:48	---	15:32	58	21:02	---
22 M	03:43	63	09:32	---	16:05	68	21:42	---
23 V	04:14	73	10:10	---	16:32	77	22:18	---
24 S	04:41	80	10:43	---	16:57	82	22:50	---
25 D	05:06	84	11:14	---	17:21	86	23:21	---
26 L	05:31	86	11:43	---	17:47	86	23:50	---
27 M	05:57	86	12:11	---	18:13	84	--:--	---
28 M	00:19	---	06:25	82	12:39	---	18:42	79
29 J	00:48	---	06:55	76	13:07	---	19:13	72

MARS 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 V	01:19	---	07:27	67	13:38	---	19:49	62
2 S	01:55	---	08:05	57	14:15	---	20:34	51
3 D	02:39	---	08:57	45	15:03	---	21:46	40
4 L	03:38	---	10:27	35	16:13	---	23:26	31
5 M	05:02	---	12:22	31	17:55	---	--:--	---
6 M	00:59	35	06:40	---	13:50	42	19:21	---
7 J	02:07	50	07:53	---	14:47	60	20:20	---
8 V	02:58	70	08:48	---	15:31	80	21:10	---
9 S	03:41	89	09:35	---	16:10	97	21:55	---
10 D	04:22	104	10:20	---	16:48	110	22:38	---
11 L	05:02	114	11:03	---	17:26	116	23:21	---
12 M	05:44	117	11:44	---	18:05	115	--:--	---
13 M	00:04	---	06:27	111	12:27	---	18:44	106
14 J	00:47	---	07:10	99	13:09	---	19:24	90
15 V	01:32	---	07:56	82	13:54	---	20:06	72
16 S	02:21	---	08:49	62	14:44	---	21:02	52
17 D	03:20	---	10:12	44	15:45	---	22:53	36
18 L	04:38	---	12:05	31	17:13	---	--:--	---
19 M	00:43	30	06:17	---	13:33	32	18:47	---
20 M	01:57	37	07:34	---	14:31	43	19:52	---
21 J	02:46	50	08:26	---	15:10	56	20:39	---
22 V	03:21	62	09:07	---	15:39	67	21:18	---
23 S	03:49	72	09:43	---	16:03	76	21:52	---
24 D	04:12	80	10:14	---	16:26	83	22:22	---
25 L	04:36	85	10:43	---	16:50	87	22:51	---
26 M	05:01	88	11:10	---	17:15	88	23:20	---
27 M	05:27	87	11:37	---	17:42	86	23:48	---
28 J	05:54	85	12:04	---	18:11	82	--:--	---
29 V	00:17	---	06:24	79	12:32	---	18:42	75
30 S	00:49	---	06:57	70	13:05	---	19:19	65
31 D*	01:26	---	08:37	59	14:44	---	21:08	53

* Passage à l'heure d'été le 31/03/2024 à 2h du matin.

AVRIL 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 L	03:12	---	09:36	47	15:34	---	22:24	41
2 M	04:12	---	11:14	36	16:47	---	--:--	---
3 M	00:00	33	05:39	---	13:06	33	18:30	---
4 J	01:32	38	07:18	---	14:28	45	19:55	---
5 V	02:41	54	08:29	---	15:23	64	20:55	---
6 S	03:33	73	09:23	---	16:06	83	21:44	---
7 D	04:17	91	10:10	---	16:45	99	22:30	---
8 L	04:58	105	10:54	---	17:22	109	23:14	---
9 M	05:39	112	11:37	---	17:59	113	23:58	---
10 M	06:20	112	12:18	---	18:38	109	--:--	---
11 J	00:41	---	07:02	105	13:00	---	19:17	99
12 V	01:24	---	07:46	93	13:43	---	19:58	85
13 S	02:09	---	08:32	76	14:27	---	20:42	67
14 D	02:58	---	09:26	58	15:16	---	21:38	49
15 L	03:54	---	10:46	42	16:16	---	23:11	35
16 M	05:08	---	12:29	31	17:38	---	--:--	---
17 M	00:56	30	06:42	---	13:53	32	19:08	---
18 J	02:13	36	07:55	---	14:51	41	20:13	---
19 V	03:07	47	08:48	---	15:31	52	21:02	---
20 S	03:44	58	09:30	---	16:01	62	21:41	---
21 D	04:13	67	10:06	---	16:26	71	22:16	---
22 L	04:38	75	10:37	---	16:52	78	22:48	---
23 M	05:05	80	11:07	---	17:18	82	23:18	---
24 M	05:32	83	11:35	---	17:47	84	23:49	---
25 J	06:01	84	12:05	---	18:16	84	--:--	---
26 V	00:21	---	06:31	82	12:35	---	18:47	80
27 S	00:54	---	07:04	77	13:08	---	19:23	74
28 D	01:30	---	07:42	70	13:45	---	20:08	65
29 L	02:12	---	08:31	60	14:29	---	21:06	55
30 M	03:02	---	09:40	49	15:25	---	22:19	45

MAI 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 M	04:05	---	11:10	42	16:40	---	23:42	40
2 J	05:24	---	12:44	42	18:06	---	--:--	---
3 V	01:03	46	06:47	---	13:57	52	19:21	---
4 S	02:10	59	07:56	---	14:52	67	20:23	---
5 D	03:05	74	08:52	---	15:38	81	21:15	---
6 L	03:53	87	09:42	---	16:18	93	22:04	---
7 M	04:36	97	10:27	---	16:57	99	22:50	---
8 M	05:19	101	11:11	---	17:37	101	23:36	---
9 J	06:02	100	11:54	---	18:17	97	--:--	---
10 V	00:21	---	06:46	93	12:37	---	18:59	89
11 S	01:05	---	07:31	84	13:20	---	19:43	77
12 D	01:51	---	08:18	71	14:05	---	20:30	64
13 L	02:38	---	09:10	58	14:53	---	21:24	51
14 M	03:31	---	10:13	45	15:47	---	22:32	40
15 M	04:32	---	11:30	37	16:53	---	23:50	35
16 J	05:46	---	12:45	34	18:11	---	--:--	---
17 V	01:03	36	06:57	---	13:47	38	19:17	---
18 S	02:03	42	07:55	---	14:35	46	20:10	---
19 D	02:50	50	08:41	---	15:13	54	20:54	---
20 L	03:28	58	09:21	---	15:46	62	21:33	---
21 M	04:02	66	09:56	---	16:18	69	22:10	---
22 M	04:35	72	10:30	---	16:50	74	22:46	---
23 J	05:09	76	11:04	---	17:23	77	23:22	---
24 V	05:43	78	11:38	---	17:58	79	23:59	---
25 S	06:18	78	12:15	---	18:35	78	--:--	---
26 D	00:39	---	06:58	76	12:54	---	19:18	74
27 L	01:21	---	07:43	71	13:37	---	20:09	69
28 M	02:08	---	08:37	65	14:26	---	21:07	62
29 M	02:59	---	09:42	59	15:23	---	22:12	56
30 J	03:58	---	10:56	54	16:28	---	23:22	53
31 V	05:04	---	12:13	53	17:38	---	--:--	---



JUIN 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 S	00:32	55	06:13	---	13:22	57	18:47	---
2 D	01:38	61	07:20	---	14:20	65	19:50	---
3 L	02:38	69	08:21	---	15:11	73	20:48	---
4 M	03:31	77	09:15	---	15:57	80	21:41	---
5 M	04:20	82	10:05	---	16:40	84	22:32	---
6 J	05:07	85	10:52	---	17:23	86	23:20	---
7 V	05:52	85	11:36	---	18:06	84	--:--	---
8 S	00:07	---	06:37	82	12:20	---	18:49	80
9 D	00:52	---	07:20	77	13:03	---	19:32	74
10 L	01:36	---	08:02	70	13:46	---	20:15	66
11 M	02:20	---	08:45	62	14:30	---	21:00	58
12 M	03:05	---	09:31	54	15:17	---	21:49	50
13 J	03:53	---	10:25	46	16:08	---	22:44	43
14 V	04:46	---	11:27	41	17:06	---	23:45	39
15 S	05:45	---	12:32	38	18:08	---	--:--	---
16 D	00:48	39	06:46	---	13:30	40	19:08	---
17 L	01:46	42	07:43	---	14:21	45	20:02	---
18 M	02:39	48	08:32	---	15:06	51	20:50	---
19 M	03:27	55	09:17	---	15:48	59	21:35	---
20 J	04:11	62	09:58	---	16:27	66	22:18	---
21 V	04:52	69	10:39	---	17:07	72	23:01	---
22 S	05:33	74	11:20	---	17:47	76	23:45	---
23 D	06:14	78	12:03	---	18:30	80	--:--	---
24 L	00:30	---	06:57	80	12:46	---	19:15	81
25 M	01:15	---	07:42	80	13:32	---	20:05	79
26 M	02:02	---	08:32	78	14:20	---	20:58	76
27 J	02:50	---	09:27	73	15:11	---	21:54	70
28 V	03:42	---	10:28	67	16:07	---	22:55	65
29 S	04:39	---	11:36	62	17:09	---	--:--	---
30 D	00:00	60	05:40	---	12:47	58	18:15	---

JUILLET 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 L	01:09	58	06:47	---	13:53	58	19:23	---
2 M	02:16	59	07:54	---	14:52	60	20:29	---
3 M	03:18	63	08:56	---	15:45	65	21:29	---
4 J	04:14	68	09:51	---	16:33	70	22:23	---
5 V	05:03	72	10:41	---	17:17	74	23:13	---
6 S	05:47	76	11:26	---	17:58	77	23:58	---
7 D	06:26	78	12:08	---	18:37	78	--:--	---
8 L	00:40	---	07:03	77	12:48	---	19:13	76
9 M	01:20	---	07:37	75	13:26	---	19:48	72
10 M	01:57	---	08:10	70	14:05	---	20:24	67
11 J	02:34	---	08:45	64	14:43	---	21:02	60
12 V	03:13	---	09:24	56	15:24	---	21:43	53
13 S	03:54	---	10:11	49	16:10	---	22:31	45
14 D	04:40	---	11:11	42	17:03	---	23:30	39
15 L	05:35	---	12:21	37	18:04	---	--:--	---
16 M	00:40	36	06:40	---	13:30	37	19:09	---
17 M	01:52	38	07:45	---	14:30	41	20:12	---
18 J	02:57	45	08:43	---	15:23	50	21:08	---
19 V	03:52	55	09:35	---	16:10	60	21:59	---
20 S	04:40	65	10:22	---	16:53	71	22:47	---
21 D	05:23	76	11:07	---	17:35	81	23:33	---
22 L	06:04	85	11:51	---	18:17	89	--:--	---
23 M	00:18	---	06:45	92	12:35	---	19:01	94
24 M	01:02	---	07:27	95	13:19	---	19:47	94
25 J	01:47	---	08:12	93	14:04	---	20:35	91
26 V	02:32	---	08:59	87	14:51	---	21:27	82
27 S	03:19	---	09:52	77	15:43	---	22:23	71
28 D	04:11	---	10:55	65	16:41	---	23:30	59
29 L	05:10	---	12:13	54	17:48	---	--:--	---
30 M	00:48	50	06:18	---	13:35	47	19:05	---
31 M	02:08	47	07:37	---	14:46	48	20:22	---

AOÛT 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 J	03:19	51	08:49	---	15:44	55	21:27	---
2 V	04:15	59	09:46	---	16:31	63	22:20	---
3 S	04:59	67	10:34	---	17:10	71	23:05	---
4 D	05:35	75	11:16	---	17:44	77	23:46	---
5 L	06:07	79	11:54	---	18:15	81	--:--	---
6 M	00:22	---	06:35	81	12:29	---	18:44	82
7 M	00:57	---	07:03	81	13:02	---	19:13	80
8 J	01:29	---	07:31	78	13:35	---	19:43	76
9 V	02:00	---	08:01	73	14:07	---	20:15	69
10 S	02:31	---	08:34	65	14:41	---	20:50	61
11 D	03:05	---	09:11	57	15:19	---	21:30	52
12 L	03:43	---	09:59	47	16:04	---	22:21	42
13 M	04:30	---	11:07	38	17:02	---	23:37	34
14 M	05:35	---	12:38	32	18:20	---	--:--	---
15 J	01:13	32	07:01	---	13:59	34	19:41	---
16 V	02:36	38	08:18	---	15:02	45	20:48	---
17 S	03:37	52	09:17	---	15:52	60	21:43	---
18 D	04:24	68	10:06	---	16:35	75	22:31	---
19 L	05:05	83	10:50	---	17:16	90	23:16	---
20 M	05:43	96	11:33	---	17:56	101	23:59	---
21 M	06:22	105	12:16	---	18:38	107	--:--	---
22 J	00:42	---	07:02	108	12:59	---	19:21	107
23 V	01:24	---	07:43	104	13:42	---	20:07	100
24 S	02:08	---	08:26	94	14:28	---	20:56	88
25 D	02:53	---	09:13	80	15:17	---	21:52	71
26 L	03:43	---	10:13	62	16:15	---	23:05	54
27 M	04:42	---	11:47	46	17:26	---	--:--	---
28 M	00:41	41	05:56	---	13:29	37	18:56	---
29 J	02:11	37	07:28	---	14:45	41	20:20	---
30 V	03:19	45	08:42	---	15:41	52	21:21	---
31 S	04:08	57	09:37	---	16:21	63	22:09	---



SEPTEMBRE 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 D	04:43	68	10:20	---	16:54	73	22:48	---
2 L	05:12	77	10:58	---	17:21	80	23:24	---
3 M	05:38	83	11:32	---	17:46	85	23:57	---
4 M	06:02	86	12:04	---	18:11	86	--:--	---
5 J	00:27	---	06:27	86	12:33	---	18:38	85
6 V	00:55	---	06:54	83	13:02	---	19:05	81
7 S	01:22	---	07:22	78	13:31	---	19:35	75
8 D	01:50	---	07:53	71	14:02	---	20:06	66
9 L	02:21	---	08:27	61	14:37	---	20:43	56
10 M	02:56	---	09:09	50	15:19	---	21:33	44
11 M	03:41	---	10:17	39	16:14	---	22:59	33
12 J	04:44	---	11:57	29	17:37	---	--:--	---
13 V	00:50	28	06:25	---	13:31	31	19:18	---
14 S	02:18	37	07:55	---	14:40	45	20:29	---
15 D	03:17	54	08:55	---	15:30	64	21:22	---
16 L	04:01	74	09:43	---	16:13	83	22:08	---
17 M	04:40	91	10:27	---	16:52	99	22:51	---
18 M	05:17	105	11:10	---	17:32	110	23:34	---
19 J	05:54	113	11:52	---	18:12	115	--:--	---
20 V	00:16	---	06:33	114	12:35	---	18:55	112
21 S	00:58	---	07:14	107	13:19	---	19:40	102
22 D	01:42	---	07:56	94	14:05	---	20:29	86
23 L	02:27	---	08:42	77	14:54	---	21:27	67
24 M	03:17	---	09:43	57	15:53	---	22:51	48
25 M	04:17	---	11:31	40	17:08	---	--:--	---
26 J	00:38	35	05:38	---	13:17	33	18:46	---
27 V	02:03	34	07:13	---	14:31	39	20:06	---
28 S	03:04	45	08:23	---	15:23	51	21:01	---
29 D	03:45	57	09:14	---	16:00	64	21:44	---
30 L	04:16	69	09:55	---	16:28	73	22:21	---

OCTOBRE 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 M	04:42	77	10:31	---	16:53	81	22:54	---
2 M	05:05	83	11:04	---	17:16	85	23:24	---
3 J	05:29	86	11:34	---	17:41	87	23:52	---
4 V	05:55	86	12:02	---	18:07	86	--:--	---
5 S	00:19	---	06:23	84	12:31	---	18:35	82
6 D	00:47	---	06:51	80	13:00	---	19:03	76
7 L	01:15	---	07:21	72	13:31	---	19:35	68
8 M	01:47	---	07:57	63	14:07	---	20:13	57
9 M	02:24	---	08:43	52	14:51	---	21:10	45
10 J	03:11	---	09:56	40	15:48	---	22:47	34
11 V	04:19	---	11:32	31	17:11	---	--:--	---
12 S	00:33	31	05:57	---	13:03	34	18:50	---
13 D	01:54	41	07:23	---	14:11	49	20:00	---
14 L	02:50	59	08:24	---	15:04	68	20:53	---
15 M	03:34	78	09:13	---	15:48	86	21:39	---
16 M	04:13	95	09:59	---	16:28	101	22:23	---
17 J	04:50	107	10:44	---	17:09	110	23:06	---
18 V	05:29	112	11:28	---	17:51	112	23:50	---
19 S	06:09	111	12:13	---	18:34	108	--:--	---
20 D	00:33	---	06:51	103	12:58	---	19:21	97
21 L	01:18	---	07:36	89	13:45	---	20:13	81
22 M	02:04	---	08:27	72	14:36	---	21:14	63
23 M	02:55	---	09:32	54	15:34	---	22:39	47
24 J	03:55	---	11:07	40	16:46	---	--:--	---
25 V	00:14	35	05:11	---	12:42	34	18:16	---
26 S	01:31	35	06:39	---	13:55	38	19:31	---
27 D	02:28	43	06:47	---	13:48	48	19:25	---
28 L	02:09	54	07:39	---	14:26	59	20:09	---
29 M	02:41	64	08:21	---	14:56	68	20:46	---
30 M	03:07	72	08:57	---	15:22	75	21:19	---
31 J	03:33	78	09:30	---	15:49	80	21:49	---

NOVEMBRE 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 V	04:01	81	10:02	---	16:16	82	22:18	---
2 S	04:30	82	10:32	---	16:45	82	22:48	---
3 D	04:59	81	11:04	---	17:15	80	23:18	---
4 L	05:30	78	11:37	---	17:46	75	23:51	---
5 M	06:04	72	12:13	---	18:22	68	--:--	---
6 M	00:27	---	06:46	64	12:53	---	19:07	59
7 J	01:09	---	07:40	54	13:39	---	20:12	49
8 V	02:00	---	08:50	45	14:38	---	21:38	42
9 S	03:07	---	10:10	40	15:51	---	23:07	40
10 D	04:28	---	11:30	43	17:12	---	--:--	---
11 L	00:21	48	05:44	---	12:38	54	18:22	---
12 M	01:18	61	06:47	---	13:34	69	19:19	---
13 M	02:05	76	07:42	---	14:23	83	20:09	---
14 J	02:48	89	08:32	---	15:08	94	20:57	---
15 V	03:29	98	09:20	---	15:52	101	21:43	---
16 S	04:10	102	10:08	---	16:37	102	22:28	---
17 D	04:53	101	10:55	---	17:24	98	23:13	---
18 L	05:39	94	11:43	---	18:12	89	23:59	---
19 M	06:27	83	12:31	---	19:04	77	--:--	---
20 M	00:46	---	07:19	71	13:21	---	20:00	64
21 J	01:36	---	08:17	57	14:14	---	21:06	51
22 V	02:30	---	09:25	46	15:14	---	22:19	42
23 S	03:33	---	10:41	39	16:24	---	23:30	38
24 D	04:46	---	11:52	38	17:36	---	--:--	---
25 L	00:30	39	05:54	---	12:52	42	18:36	---
26 M	01:19	45	06:51	---	13:40	49	19:25	---
27 M	01:58	53	07:38	---	14:18	57	20:06	---
28 J	02:33	60	08:19	---	14:53	64	20:43	---
29 V	03:05	67	08:57	---	15:26	70	21:17	---
30 S	03:38	72	09:33	---	15:59	74	21:50	---

DÉCEMBRE 2024

DATE	Pleines mers sur fond orange				Basses mers sur fond blanc			
	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.	HEURE	COEF.
1 D	04:12	75	10:09	---	16:33	76	22:25	---
2 L	04:46	77	10:46	---	17:07	77	23:01	---
3 M	05:22	76	11:24	---	17:43	75	23:39	---
4 M	06:01	74	12:04	---	18:24	72	--:--	---
5 J	00:19	---	06:47	69	12:47	---	19:12	67
6 V	01:04	---	07:39	64	13:34	---	20:09	61
7 S	01:55	---	08:38	58	14:28	---	21:16	55
8 D	02:53	---	09:44	54	15:28	---	22:30	53
9 L	03:58	---	10:53	53	16:34	---	23:42	54
10 M	05:06	---	12:02	56	17:42	---	--:--	---
11 M	00:45	60	06:12	---	13:06	64	18:46	---
12 J	01:40	68	07:14	---	14:04	72	19:43	---
13 V	02:30	77	08:11	---	14:56	80	20:37	---
14 S	03:17	84	09:05	---	15:46	86	21:27	---
15 D	04:03	88	09:57	---	16:33	89	22:15	---
16 L	04:48	89	10:46	---	17:20	89	23:01	---
17 M	05:34	87	11:33	---	18:05	85	23:46	---
18 M	06:19	82	12:19	---	18:49	79	--:--	---
19 J	00:30	---	07:03	75	13:04	---	19:33	71
20 V	01:15	---	07:47	66	13:49	---	20:17	62
21 S	02:01	---	08:33	57	14:36	---	21:07	52
22 D	02:50	---	09:26	48	15:27	---	22:07	44
23 L	03:45	---	10:28	41	16:25	---	23:13	39
24 M	04:45	---	11:35	37	17:28	---	--:--	---
25 M	00:16	37	05:49	---	12:39	38	18:28	---
26 J	01:11	40	06:48	---	13:36	43	19:22	---
27 V	01:59	46	07:40	---	14:26	50	20:08	---
28 S	02:42	54	08:27	---	15:09	58	20:51	---
29 D	03:22	62	09:10	---	15:49	66	21:31	---
30 L	04:00	69	09:52	---	16:27	72	22:10	---
31 M	04:38	75	10:34	---	17:03	78	22:50	---

